










Youth and Community Session Timetable 2025

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|---|--|---|--|---|--|
| Upgrade Yourself 4pm–6pm Term time only Coin Street neighbourhood centre 10–18 years (Y6+) Free | Dancercise 10am–11am Colombo Centre 50 years+ £3 | Upgrade Yourself 5pm–6pm Term time only Online 10–18 years (Y6+) Free | Coffee Morning 11am–1pm Colombo Centre 50 years+ Free | Over 50s Art Group 11am–1pm Fortnightly Coin Street neighbourhood centre 50 years+ £3 optional | Feel Good Saturday 11am–2pm Colombo Centre 50 years+ Free | Youth Gym 4pm–5pm Invite only Colombo Centre 13–18 years Free |
| Young Leaders 6pm–7pm Term time only Coin Street neighbourhood centre 12–18 years (Y6+) Free | Shake Your Groove! Dance with Jreena Green 11.30am–12.30pm Colombo Centre Free |  | Gym 'n' Juice 1.30pm–2.30pm Colombo Centre Women of all ages Free | Youth Gym 5pm–7pm Colombo Centre 14–18 years Free | Over 50s Dance with Rambert 2.30pm–3.30pm Term time only Colombo Centre 50 years+ £3 | Youth Football 5pm–7pm Colombo Centre 13–18 years Free |
| | Gentle Gardening 11.30am–2pm Bernie Spain Gardens 18 years+ Free | | Youth Night 4.30pm–6pm (8–13 yrs) 6pm–7pm (14–16 yrs, fitness circuit) Term time only Colombo Centre 8–16 years Free |  | Youth Football 3pm–7pm Colombo Centre 14–18 years Free |  |
|  | Want to make a difference in your community? Get involved by volunteering at one of our regular activities or one-off-events. Email us at volunteering@coinstreet.org to learn more or scan the barcode below. | | Community Singing 6.15pm–7.30pm Coin Street neighbourhood centre 18+ years Free | | | |
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Please email:
community@coinstreet.org
 to register for sessions

Participants must contact us
 before attending a session in order
 to register and book their place.
 Priority is given to local residents.

Find out more:
community@coinstreet.org
 020 7021 1600
coinstreet.org/whats-on

 @coinstreet_se1
 @CoinStreet
 /CoinStreet
 Coin Street

Coin Street neighbourhood centre, SE1 9NH
 Colombo Centre, SE1 8DP
 Bernie Spain Gardens, SE1 9PH
 Archbishop's Park, SE1 7LE